



# University Skating Club COVID-19 Response Plan

## USC COVID-19 Oversight Group Contact Information:

- Shelley Owens - 647-235-2530
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## Completion Of Skate Ontario COVID-19 Waiver:

- All individuals participating at the University Skating Club (USC) must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in any USC activities.
- Any individual participating in USC activities is required to complete a COVID-19 Waiver, or have a signed [COVID-19 Waiver](#) on file with Skate Ontario:
  - Skaters
  - Coaches
  - Staff

## Protocols If An Individual Shows Symptoms Of COVID-19:

- If an individual shows symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop their participation in any USC-related activities.
- The individual should be isolated from all other members in a well-ventilated area, or outside and provided with a non-medical face mask, if one is needed.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- Varsity arena staff should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.



## **Protocols If An Individual Is Tested For COVID-19:**

- Any individual that is part of the University Skating Club that has shown symptoms of COVID-19 and has been tested for COVID-19 must not participate in any USC related activities while awaiting their test results.
- Even if their test result is negative, the individual is not permitted to resume any skating activities until they no longer show any symptoms of COVID-19.
- USC will consult the Session Attendance tracking sheets to inform other members who might have been in close contact with the individual.
- Any USC members who were in close contact with the individual should not participate in any USC related activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

## **Protocols If An Individual Tests Positive For COVID-19:**

- If an individual tests positive for COVID-19, they must inform a member of USC's COVID-19 Oversight Group.
- The USC COVID-19 Oversight Group will work where requested with Varsity Arena and public health officials to assist in contact tracing.
- Any USC members who were in close contact with the individual will not be permitted to participate in any USC related activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- USC will take the following measures:
  - USC will inform all members of a positive COVID-19 result via email to take the necessary health precautions and testing needed.
  - The Session Attendance tracking sheets will be used to assist public health officials in informing other USC members who may have been in close contact with the individual.
  - USC will inform and work with Varsity Arena in the case of a positive COVID-19 result to determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.



- USC will inform Skate Ontario of a positive COVID-19 diagnosis by emailing [clubsupportservices@skateontario.org](mailto:clubsupportservices@skateontario.org).

## **Protocols For Returning To Club Activities Following Illness:**

- If no test was performed on the individual, or the COVID-19 test was negative, the individual may only return to USC-related activities once they no longer have any symptoms of COVID-19.

## **Protocols For Returning To Club Activities Following COVID-19:**

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

## **Modifications, Restrictions, Postponing Or Canceling Of Club Activities:**

- Based on the evolving COVID-19 pandemic, the University Skating Club is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or cancelling activities.
- USC members will be informed as soon as possible of any modifications/restrictions or cancellations.
- USC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials.

## **Public Health Guidelines University Skating Club Members Should Follow:**

All public health guidelines regarding COVID-19. These may include:

- Any individuals who have travelled outside of Canada, or have someone in their household who has travelled outside of Canada must self-isolate and is not permitted to participate in any USC-related activities for 14 days.
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in any USC activities for 14 days.
- Any individual with symptoms of COVID-19 is not permitted to take part in any USC activities.



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- Any individual who has someone in their household showing symptoms of COVID-19, is not permitted to participate in any USC activities.

## **Communication Plan To Keep Coaches, Skaters, Parents, And Members Informed:**

- All skaters, coaches, members and parents must ensure that USC has up to date contact information on Uplifter.
- Depending on the communication, information will be sent in an email or via Uplifter, on our website [www.universityskatingclub.ca](http://www.universityskatingclub.ca), or posted on our social media: Facebook and Twitter.
- Session Attendance sheets will serve to confirm each skater's responses to the verbal [Health Screen Questionnaire](#).