



USC COVID Safety Policies & Protocols

Skaters, coaches, parents, and members are responsible for following all COVID-19 signage posted around the rink.

Arriving and Departing Varsity Centre Arena

- Skaters, coaches, parents, and members are responsible for following all COVID-19 signage posted around the rink.
- Skaters and coaches must prepare themselves as much as possible for skating before getting to the rink. This includes warming up off ice and being dressed in skating attire before getting to the rink.
- Skaters, coaches, parents, and members must keep a distance of 2 metres from one another for 15 minutes when no PPE (Personal Protection Equipment) is not being used, not implemented properly, or damaged in some way that prevents the efficacy of the equipment.
- Every skater who is participating in USC activities and will be on the ice will have to check-in first with the COVID Oversight team member in charge of taking attendance before getting onto the ice.

On-Ice Protocols

- Skaters & Coaches must stagger their entrance on the ice and remain 2m apart in line while waiting to get onto the ice.
- Coaches and skaters should avoid any physical contact during private lessons and limit instruction to verbal and visual communication only.
- Number of people allowed on the ice will be limited to 50 skaters including coaches.
- All skaters on the ice must maintain 2 m of physical distance on the ice at all times.

Off-Ice Regulations

- The club has coordinated with the Varsity Centre Arena.
- Arrive no earlier than 5 minutes before ice time and leave immediately after changing, no lingering before or after.
- Please follow all directional traffic signs posted around the rink.



- No loitering is allowed in the hallways or in front of the changerooms.
- No jogging is allowed around the rink, but stretching beforehand is fine.
- Hockey Box Protocols – 5 people allowed
- Change Room Protocols – 10 people allowed in larger change rooms and 5 people allowed in smaller change rooms
- Stands and Spectator Protocols – Parents/partners allowed to sit in the stands. However, they must be socially distanced or in a bubble.

Music Box and Equipment

- There will only be 2 people allowed in the music box area at any given time and observe social distancing measures.
- Skaters and coaches must sanitize their hands before and after handling the equipment, and wipe down the equipment afterwards.
- Hand sanitizer and cleaning wipes will be provided around the rink..