



# University Skating Club

## 2022 Fall

**Varsity Arena**  
299 Bloor Street West  
(arena entrance is on Devonshire Place)  
Toronto, ON  
Conveniently on TTC Line 2

**Email:**  
[universityskatingclub@gmail.com](mailto:universityskatingclub@gmail.com)

**Website:**  
[www.universityskatingclub.ca](http://www.universityskatingclub.ca)

**Social Media:**  
facebook.com/universityskatingclub  
instagram.com/universityskatingclub

**Uplifter:**  
<https://universityskatingclub.uplifterinc.co/m/registration/>

**USC is pleased to announce new ice!**  
(see pg. 3)

## About the University Skating Club

The University Skating Club was founded in 1922 by members of the University of Toronto. They skated on an outdoor rink in Varsity Stadium until 1932 when Varsity Arena was built.

The University Skating Club is proud to continue to offer skaters the opportunity to pursue excellence in ice dance and free skating.

## USC At Varsity Arena

The club is located at U of T's Varsity Arena in downtown Toronto, right across from St. George station. With spacious change rooms, regular ice maintenance, and staff-monitored pavilion entrance, the facility offers a safe, first-rate indoor skating environment for skaters of any level.

## Adult Sessions

USC is a young to older adult oriented club geared towards anyone looking to pursue a passion or budding interest in figure skating.

## CanSkate Sessions

Action, movement, and fun! CanSkate is the feeder program to all other Skate Canada Skating Programs. A complete series of balance, control and agility skills.

## Off - Ice Sessions

Work on jumping, stretching, practicing spin and jump positions, stretching to improve your core strength, increase flexibility and prevent injuries. For all ages. Classes take place at Varsity Arena after Saturday 2 Sessions.

## \*Helmets for Basic Skating Skills Participants\*

All CanSkate level participants up to and including Stage 5 (as determined by a USC coach) must wear a CSA-

approved hockey helmet while on any USC session in accordance with Skate Canada policy.

## Ice Etiquette

Appreciation and awareness if adult and young skaters both on the ice together.

## Events

### Test Days

Low- and high-test days are available as needed.

## Volunteer Opportunities

The University Skating Club is a not-for-profit organization run by its members. **Members are always needed to sit on the Board of Directors and help with events** such as test days and celebrations!

For more information on how you can be a part of the board and possible volunteer opportunities, please contact us by sending us your questions via email at [universityskatingclub@gmail.com](mailto:universityskatingclub@gmail.com) or stop by the USC locker before any skating session.

## Non-Skating Membership Fee

Skaters who wish to test and/or compete for University Skating Club and are not registered for any USC sessions are required to pay a \$15 USC Administration fee in addition to the \$44.

## Skate Canada Fee

Every skater must pay the Skate Canada fee every year; in addition to any ice fees. The club you pay this fee to is your home club, i.e., the only club you can test at, for the year. If you have already paid this fee to another club for the 2020-21 season, you do not need to pay it to the USC. Please indicate the other club as your "Home Club"

## Varsity Arena Saturdays

September 10 - December 3, 2022

\*\* The University Skating Club reserves the right to cancel or reschedule sessions. \*\*

Saturday 1 and 2 descriptions are to be used as a guide only.

Skaters can sign up for the first 5 sessions to start or all 10 sessions of the Fall season.

### Saturday 1 1 - 2 pm

Intended for skaters who have completed CanSkate level 6, Junior Blues level 5 or Adult Beginners (over 16 years of age, beginner group lesson as needed). A 15 min basic skating skills lesson is included at the beginning of each session but not meant to replace private lessons, according to individual skater interest and skill.

**No Skating: November 12, 19, 26**

### Saturday 2 2 - 3 pm

Intended for skaters 16 years and *above (with basic skating skills or above) or younger skaters* having passed at least one test at the Junior Bronze level or above (Star equivalent) or interested in Dance. A 15-minute group lesson at beginning of each session is included. A second group lesson for a fee may be offered if interest warrants.

**No Skating: November 12, 19, 26**

**Bonus Incentive:** Skaters with Sat 2 skill level may join both Saturday 1 and 2 at a combined reduced rate (HST included).

## Off-Ice Stretching & Training session

**Saturday 3:15 – 3:45 pm**

This off-ice session will focus on jumping, stretching, practicing spin and jump positions, stretching to improve your core strength, increase flexibility and prevent injuries. For all ages. Register for individual classes or all 9 off-ice sessions for the Fall season.

**No Classes: November 12, 19, 26**

## Guest Skating at USC Varsity

Guest skaters are welcome on our sessions, but skaters must be a current member of Skate Canada.

**Sat. 1 or 2 Guest fee: \$30**

**Sat 1 & 2 Guest fee: \$42**

On first guest session attended, add admin fee.

## Coaching Staff

Please arrange for private lessons directly with the coach of your choice.

Private lesson fee range: \$10 - \$18 (15 min)

Coaches contact info is available under Coaches on our website.

All communication, payments and scheduling are between the coach and the skater.

## Payment Options

We accept Credit Card (on Uplifter) or on request PayPal.

## Fees At Varsity

**Saturday Sessions (include HST) Cost**  
**10 Sessions**

Saturday 1 or 2	\$258.00
Saturday 1, 2 combined	\$388.00

### 5 Sessions

Saturday 1 or 2	\$130.00
Saturday 1, 2 combined	\$195.00

## Off – Ice Stretching & Training

Single Class Fee	\$5.00
Full Season Fee	\$45.00

**All skating and non-skating members must pay the Administration fee.**

Administration Fee	\$15.00 <input checked="" type="checkbox"/>
Skate Canada Fee (per USC member)	\$44.00 <input type="checkbox"/>

## REFUNDS WILL ONLY BE GRANTED FOR MEDICAL REASONS:

Requests for refunds must be submitted within 45 days of the first session you miss or before the last day of the skating season (whichever is sooner) and followed, within 30 days of request, by a doctor's certificate.

If I am accepted for membership, I hereby agree to abide by the Constitution, Bylaws and Rules of the University Skating Club as well as the USC Code of Conduct. I understand the sport of skating involves some risk, and that the University Skating Club, its Directors and the University of Toronto will assume no liability for my safety. I understand USC reserves the right to alter the schedule and reallocate time, as circumstances require.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## New Ice!

### Mattamy Athletic Centre

Old Maple Gardens

50 Carlton St.

Toronto, ON

(easy TTC access)

### Mondays

September 19 - November 28, 2022

\*\* The University Skating Club reserves the right to cancel or reschedule sessions. \*\*

Saturday 1 and 2 descriptions are to be used as a guide only.

Skaters can sign up for the first 5 sessions to start or all 10 sessions of the Fall season.

**Monday 1** **4:10 - 5 PM**

**CanSkate**

Learn to skate for ages 4 - 17, 10 minute warm up, 35-minute group lesson, 5-minute cool down A complete series of balance, control and agility skills.

**No Skating: October 10, 2022**

**Monday 2** **5:10 - 6 PM**

Intended for skaters who have completed CanSkate level 6, Junior Blues level 5 or Adult Beginners (over 17 years of age). A 15 min basic skating skills lesson is included at the beginning of each session.

**No Skating: October 10, 2022**

### Fees At Mattamy

**Monday Sessions** (include HST) **Cost**

#### 10 sessions

Monday 1 (CanSkate) \$340.00

Monday 2 \$226.00

#### 5 sessions

Monday 1 (CanSkate) \$170.00

Monday 2 \$113.00

**All skating and non-skating members must pay the Admin fee.**

Administration fee \$15.00

Skate Canada fee \$44.00   
(per USC member)

### Guest Skating at Mattamy

Guest skaters are welcome to join us on our Monday sessions, but skaters must be a current member of Skate Canada. Administration fee must be paid for first session.

**Monday 1 Guest fee: \$28.00**

**Monday 2 Guest fee: \$28.00**

### Payment Options

We accept Credit Card (on Uplifter) or on request PayPal.



## University Skating Club

**Fall Season  
2022**

**Saturdays & Mondays  
Apply via Uplifter**

**AVOID DISAPPOINTMENT!  
SIGN UP EARLY  
SPACE IS LIMITED**

**Online Registration  
through  
USC website & Uplifter**